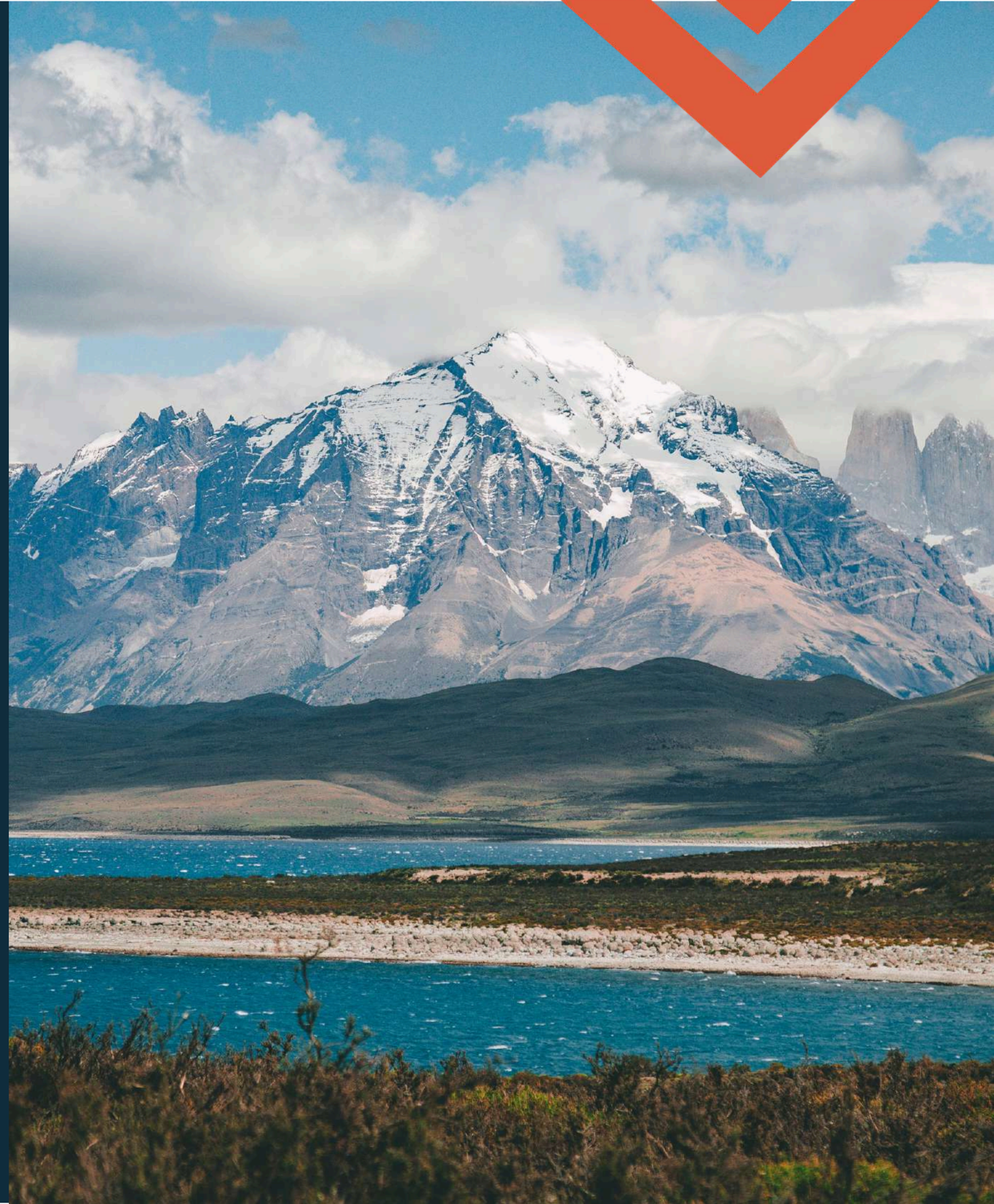
ELEMENT X

EXPEDITION PATAGONIA

2028



ELEMENT X

Beyond your comfort zone

At Element X, we take entrepreneurs, high performers and teams into the real wilderness.

Far away from your calendar, your emails and your fixed routines, we push your limits together. You become physically and mentally stronger, and you learn a lot about how you lead when things get tough.

You are never on your own. You prepare with a tailor-made programme, and during the adventure you receive personal guidance. This is no ordinary group trip.

It is an experience that changes the way you look at things and stays with you for a long time.



“IMPROVISE, ADAPT AND OVERCOME “

EXPEDITION: PATAGONIA

A 16-day off-grid wilderness expedition for entrepreneurs and high performers, deep in the untouched glacial world of Patagonia.

From the moment you leave civilisation behind, you immediately notice how raw and untouched Patagonia is. Gigantic glaciers, silent valleys and stunning lakes.

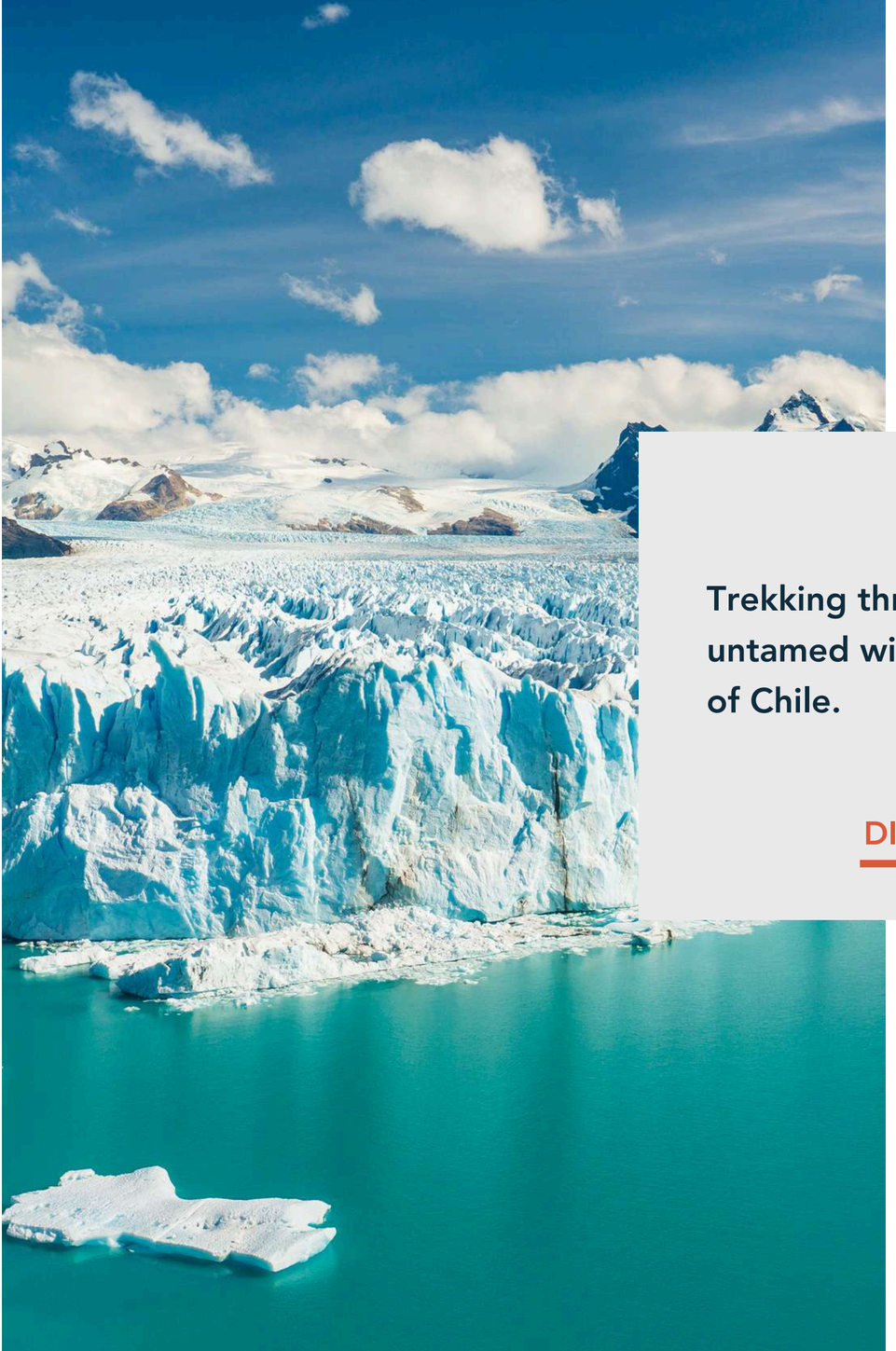
The weather here can change completely within the hour, so in that respect it is no different from the weather in Belgium ;).

On this expedition we do not follow trails. We find our own way through the Andes, trek across glaciers, cross lakes and rivers by packraft and set up camp wherever nature allows.

LOCATION


PACIFIC OCEAN
ATLANTIC OCEAN
SOUTH AMERICA
COLOMBIA
VENEZUELA
ECUADOR
PERU
BOLIVIA
BRAZIL
PARAGUAY
CHILE
ARGENTINA
URUGUAY
GUYANA
SURINAME
FRENCH GUIANA
FALKLAND ISLANDS (ISLAS MALVINAS) (U.K.)
Caracas
Bogotá
Medellín
Cali
Quito
Guayaquil
Lima
Cusco
Arequipa
La Paz
Santa Cruz de la Sierra
Brasília
São Paulo
Rio de Janeiro
Belo Horizonte
Salvador
Fortaleza
Recife
Manaus
Belém
Porto Alegre
Curitiba
Santiago
Valparaíso
Concepción
Buenos Aires
Montevideo
Asunción
Córdoba
Rosario
Mendoza
Tierra del Fuego
Strait of Magellan
Cape Horn
Puerto Natales
Punta Arenas
Puerto Santa Cruz
Puerto San Julián
Comodoro Rivadavia
Puerto Deseado
Río Gallegos
Ushuaia
Stanley
Trelew
Bahía Blanca
Mar del Plata
Río de la Plata
Pampas
Gran Chaco
Patagonia
Andes
Amazon
Paraná
Uruguay
Orinoco
Juruá
Purús
Madeira
Negro
Tapajós
Xingu
Araguaia
Tocantins
São Francisco
Paraguay
Pilcomayo
Salado
Beni
Guaporé
Japurá
Iquitos
Pucallpa
Cruzeiro do Sul
Humaitá
Porto Velho
Rio Branco
Altamira
Santarém
Macapá
Parnaíba
São Luis
Teresina
Campina Grande
Caruaru
Olinda
João Pessoa
Natal
Cape São Roque
Maceió
Aracaju
Feira de Santana
Itabuna
Ilhéus
Vitória
Governador Valadares
Juiz de Fora
Campinas
Santos
Joinville
Caxias do Sul
Pelotas
Rio Grande
Santa Maria
Londrina
Uberlândia
Uberaba
Ribeirão Preto
Goiânia
Campo Grande
Cuiabá
Corumbá
Espinhaço Mts.
Chapada Diamantina
Mt. Roraima 9,432 ft
Pico da Neblina 9,888 ft
Mt. Aconcagua 22,837 ft
Mt. Huascarán 22,133 ft
Chimborazo 20,702 ft
Volcan Misti 19,101 ft
Mt. Sajama 21,463 ft
Pico Cristóbal Colón 18,700 ft
Pico Bolívar 16,427 ft
Barranquilla
Cartagena
Panamá
Maracaibo
Valencia
Maracay
Port of Spain
Ciudad Guayana
Georgetown
Paramaribo
Cayenne
Manizales
Pasto
Guaviare
Cuenca
Piura
Chiclayo
Trujillo
Chimbote
Callao
Ucayali
Arica
Iquique
Antofagasta
Salta
San Miguel de Tucumán
Santiago del Estero
Resistencia
Corrientes
Formosa
Concepción
Talca
Talcahuano
Temuco
Valdivia
Osorno
Esquel
Viedma
Río Cuarto
Santa Rosa
General Roca
Pilcomayo
Yacuiba
Oruro
Potosí
Sucre
Cochabamba
Trinidad
Guayaquil
Robinson Crusoe Island
Alexander Selkirk Island
Juan Fernández Archipelago (Chile)
San Cristóbal Island
Barbados
Grenada
St. Vincent and the Grenadines
St. Lucia
Trinidad and Tobago
Aruba
Curaçao
Bonaire


Puerto Montt
Puerto Madryn
San Rafael
Chile
PATAGONIA
Argentina
Rio Gallegos
Punta Arenas
Ushuaia
miles
250
500



AN EPIC ADVENTURE AWAITS ...

Trekking through the untamed wilderness of Chile.

DISCOVER

Blue ice, cold rainforest and off-grid survival in a rugged landscape.

EXPERIENCE

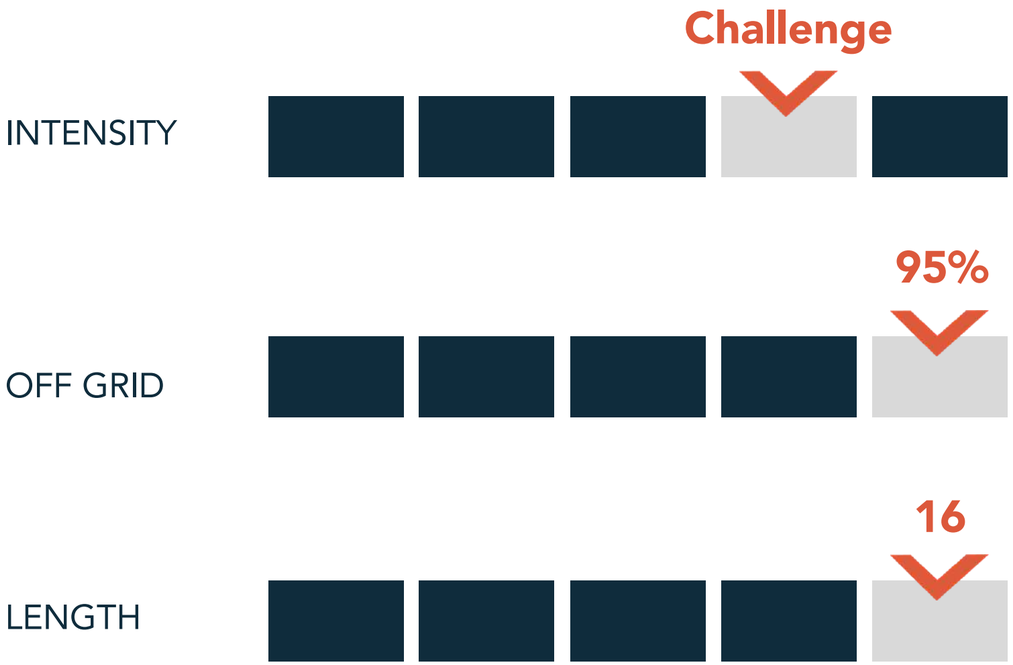
A tough trek across mountain ridges, combined with packrafting on lakes and glacial rivers.

ACTIVITIES

PATAGONIA EXPEDITION

EXPEDITION

PRACTICAL



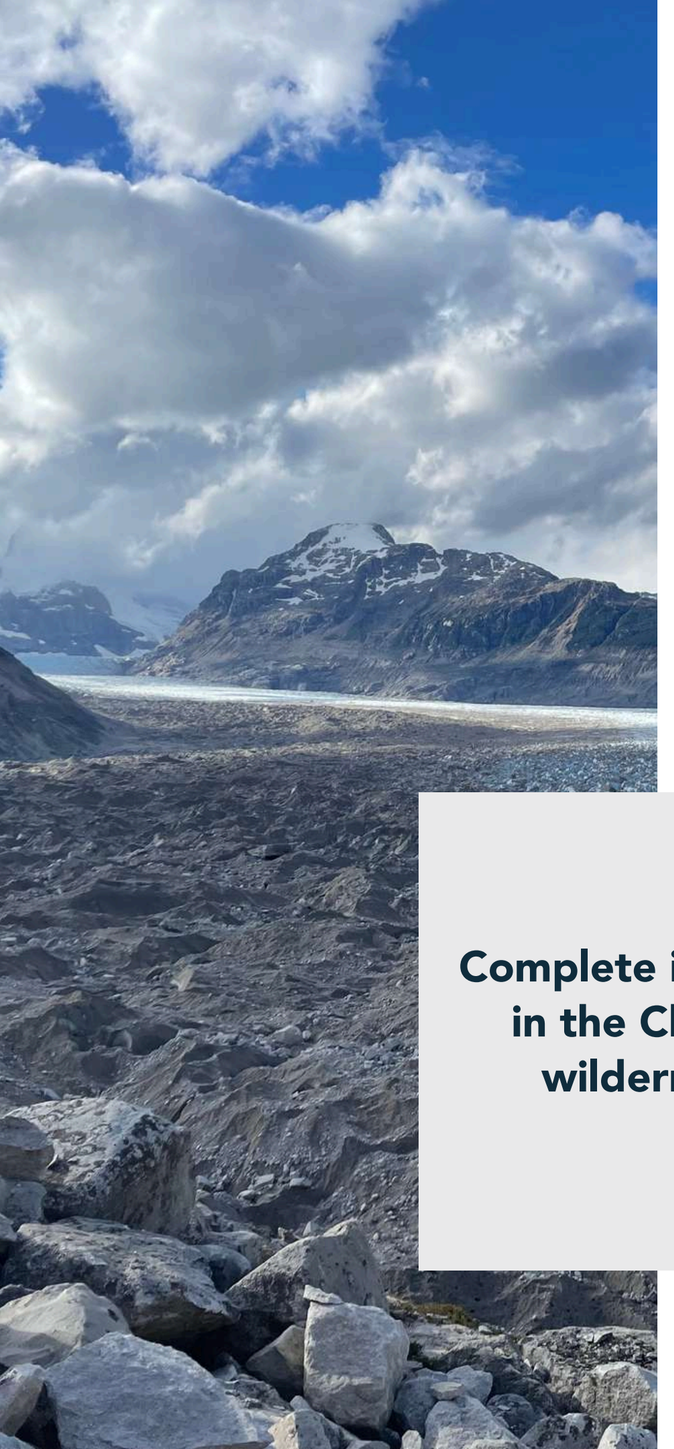
-5°C to 25°C

Intense adventure

Preparation
programme of at least
3 to 6 months

17/01/2028 - 01/02/2028

16 days



WHAT MAKES THIS EXPEDITION UNIQUE?

Complete isolation in the Chilean wilderness

Tough trekking and packrafting across icy lakes

Navigating glaciers, cold rainforest and rugged valleys

Learning to anticipate the world’s most unpredictable elements

PATAGONIA EXPEDITION

BEFOREHAND



INTRODUCTION

- In an open conversation, we align our mutual expectations down to the last detail.
- We explore who you are, your motivation and what you want to achieve.
- We ask about your experience, the intensity you are looking for and your relevant medical history.



THE SELECTION

Match confirmation

Start of preparation



PREPARATION

Kick-off

+ Physical test
+ Training advice
+ Gear
+ Expedition food
+ Briefing
+ Ice bath session

Physical training

+ Monthly physical group training

Technical training

+ Packraft
+ Sleep setup
+ Backpack
+ Survival

Final check-in

+ Physical screening
+ Gear check

+ WhatsApp group with your expedition team

PERSONAL GUIDANCE



Specialised expedition leaders, trained by us to become X-Guides.

EXPERTISE

Trained in extreme environments, for expertise and operational excellence.

PROFESSIONALISM

Everything focused on your experience.

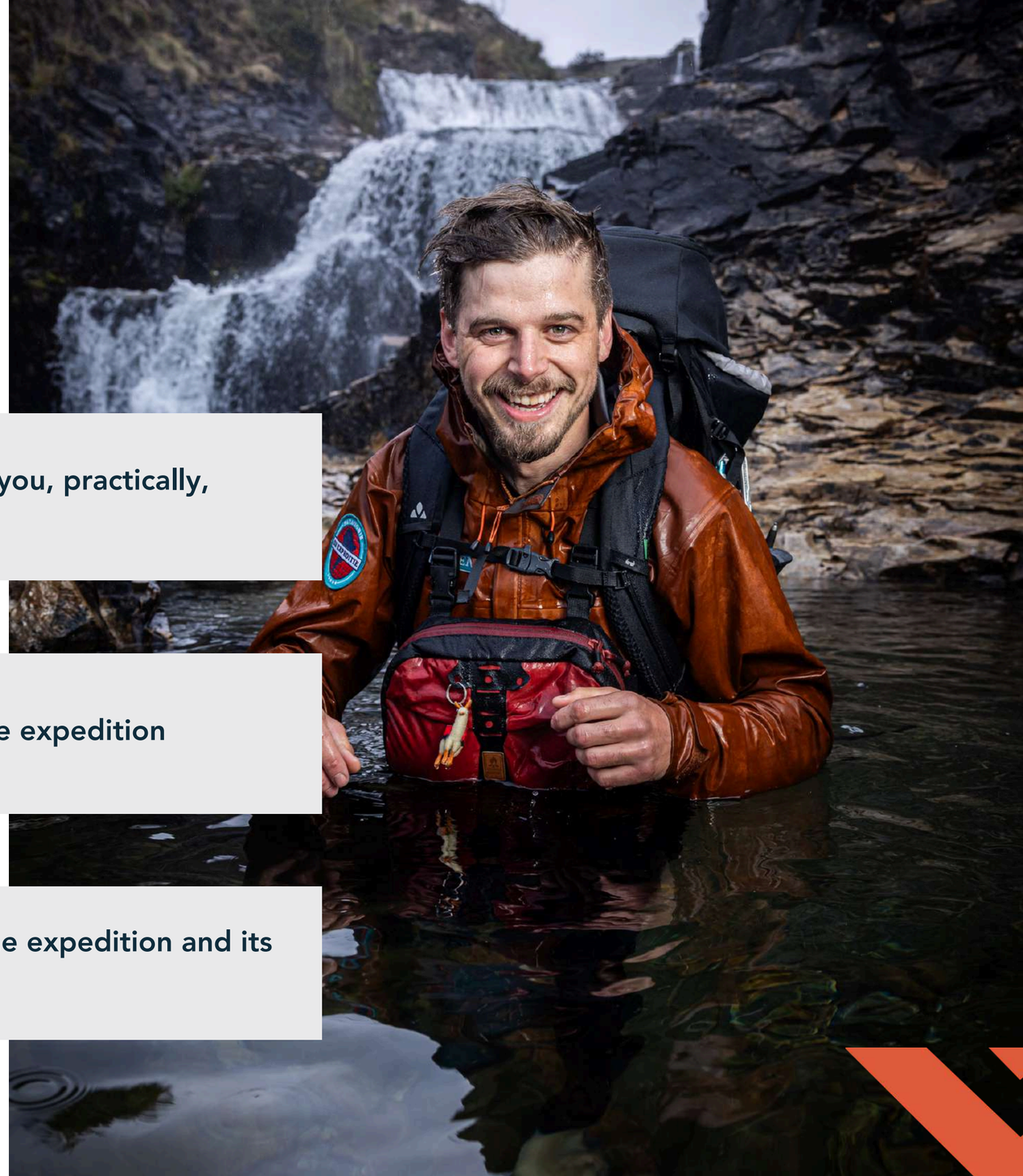
EXPERIENCE

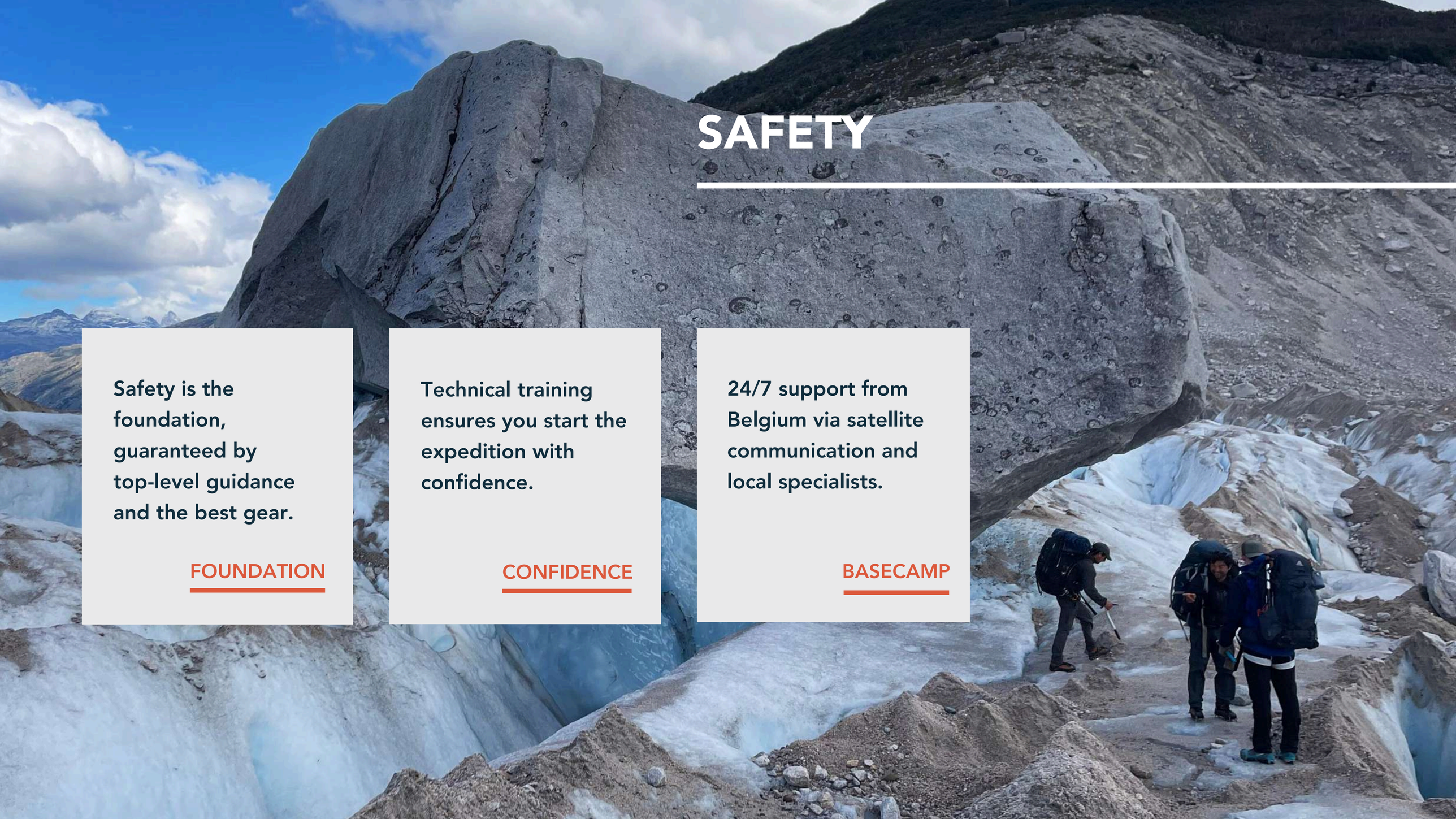
GUIDES YOU CAN COUNT ON

Available 24/7 to support you, practically, technically and mentally

Medical support during the expedition

Extensive knowledge of the expedition and its surroundings





SAFETY

Safety is the foundation, guaranteed by top-level guidance and the best gear.

FOUNDATION

Technical training ensures you start the expedition with confidence.

CONFIDENCE

24/7 support from Belgium via satellite communication and local specialists.

BASECAMP

BASECAMP ELEMENT X



24/7 support team

From our basecamp in Belgium, someone can be reached 24/7. This gives our teams optimal remote operational support.



Highest quality materials

Backpacks, sleeping bags, first aid,... : our choice of materials is driven by knowledge and functionality, not by the price tag.



Satellite communication

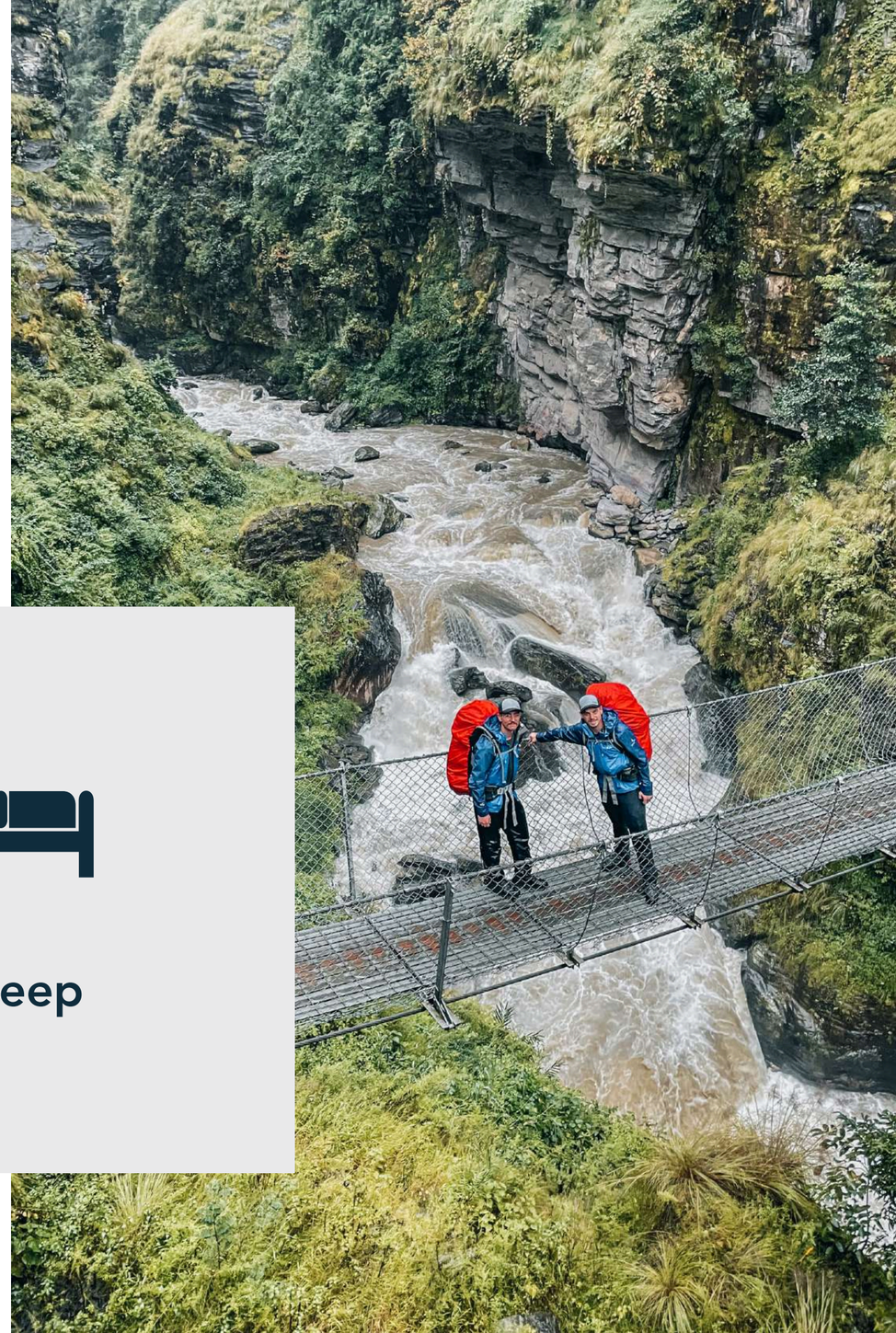
Our expedition leaders carry two different means of emergency communication, both via satellite connection.



Evacuation plans and risk analysis

The risk analyses and emergency plans are evaluated by a team of experts and periodically optimised.

ARE YOU READY FOR THIS ADVENTURE?



Fitness

Healthy lifestyle

Sleep

THE GROUP

- People who are always switched on. Mindset matters more than experience.
- Groups of 6 to 12 people. Average age 30-50. A mix of men and women.
- People who dare to take on a challenge. A match in values and norms.



PATAGONIA EXPEDITION

PICTURES








Rab










ja







Black Diamond






EDELRID
AQUARIUS









PATAGONIA EXPEDITION

TESTIMONIAL

Pieter Morreels (Owner - Assuco Business Office)

“What struck me immediately about the Patagonia programme is how clearly and professionally the preparation is built up. The combination of screening, workshops and personal training advice gives you a huge amount to hold on to. You feel yourself growing every week, both physically and mentally. It gives you the confidence to fully experience such an intense adventure.”

PATAGONIA EXPEDITION

PRICING



€9,000

INCLUDED

- Full preparation programme
- X-Guides
- Survival gear + backpack + sleep setup
- Navigation, jetboils, packrafts, water filters...
- All overnight stays
- All meals during the expedition
- All local transport
- Local activities
- All local tips



€9,000

EXCLUDED

- Flights
- Transport between your home and the airport
- Personal clothing (tops/bottoms/shoes)
- Insurance (cancellation + search & rescue)

Why choose an expedition to Patagonia?

Patagonia is for those who want to go even deeper than a classic wilderness expedition. For three weeks you live off-grid, in the heart of glacial valleys, rainforest and rugged mountain landscapes. In small groups and with professional guidance, you experience one of the most exclusive adventures on earth.

As seen in:

PATAGONIE DE EXPEDITIE

PLAY

DE TIJD

HUMO



Ready for the adventure of your life?

ELEMENT X

PERSONAL TRAINING AT HOME

IN PARTNERSHIP WITH PEAK COACHING

15 SESSIONS	34 SESSIONS	66 SESSIONS
€1,500	*€3,000*	*€5,000*

*All prices exclude VAT

You don’t need to bring any gear yourself: the PEAK coaches bring everything with them and come to your home for the sessions. PEAK works with an app and a token system that lets you easily schedule sessions whenever it suits you. Tokens are used per session and can be spent on personal training, ice baths or mental coaching, among other things. Element X invoices the chosen package, after which you create an account and the tokens are added to your account.



INSURANCE



Cancellation insurance

- If for any reason you are unable to take part in the expedition
- This may already be covered by a general travel insurance or credit card
- ***If not***: arrange this through your insurance broker or bank



Search & Rescue **REQUIRED**

- For helicopter rescue and evacuation in off-grid areas
- Covers at least €25,000 in the event of a rescue

What we recommend: KBF membership (Klim- en Bergsportfederatie)

- *As a member*: covered worldwide, 24/7, for all activities on the expedition
- More info => https://www.klimenbergsportfederatie.be/inhoud-verzekering



Travel and hospitalisation insurance **REQUIRED**

- For hospitalisation abroad and repatriation
- Arrange this through your insurance broker or bank

EQUIPMENT

What does Element X provide?

All specialised expedition gear:

- Sleeping bag, backpack, packraft if applicable, satellite phone, first aid kit...
- Included in your expedition price



What do you provide?

- Clothing, shoes, personal items (head torch, water bottle...)
- The budget varies greatly by destination and what you already own



Important

- Don’t buy anything before the kick-off
- We will look together at what you already have and what you still need
- More info and indicative prices